



PSMA Seminar

Grand Master Jose Bueno's System

***Kali, Arnis, Esgrima, Silat, Jujutsu, Sambo
Knife, Stick & Empty Hand Fighting Techniques:
Disarms, Joint & Finger Controls, Submissions,
Jujitsu Transition, & Ground Techniques***

Saturday, Sept 15th: 12:30 – 5 PM

Sunday, Sept 16th: 9 AM – Noon

\$45 both days, \$35 Saturday, \$20 Sunday

Make checks payable to John Fox

For information call John Fox Sensei: 541-621-3360

Aikan Dojo website: www.aikan.homestead.com

PSMA website: progressivesystemofmartialarts.org