

PROGRESSIVE SYSTEM OF MARTIAL ARTS  
SEMINAR

STICK AND KNIFE  
•  
JUJITSU/ GRAPPLING



**PSMA** drill taught by  
Master(s) Jim Antos  
and Head Instructor  
Nick Richter

LEARN Self Defense:  
Stick, Knife, Empty  
Hand

Knife drills  
Defensive and Offensive  
Arnis, Kali and Silat

Danzan Ryu Jujitsu, Sambo

When: June 9th

9am to 3pm

Price: \$30

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PSMA Instructor

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Redding Aiki Dojo

2850 Foothill Blvd.

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Icho Ryu Instructor,

Dean Burns (530)276-1957

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